

GAINFORD C of E PRIMARY SCHOOL AND PRE-SCHOOL

Together we love, learn and flourish



Anti-Bullying Policy (Pupil Voice)

Review Period	Annually
Review Date	November 2024

At Gainford CE Primary and Preschool we care and respect each other. We are inclusive and celebrate that we are all different and unique. We recognise the role that forgiveness plays in our school community. We understand the need to reflect on our behaviours.

If we are to love each other and flourish we need to 'build each other up' and not put each other down.

We want to make sure that our school is a place that allows everyone to flourish.

What is bullying and how does it make people feel?

Bullying can make children feel scared, worried, miserable and alone.

Bullying might mean:

Name-calling

Hitting

Ignoring

Scaring

Picking on

Teasing

Rumour spreading

Blackmail

Nasty messages, e-mails or phone calls

Unkind actions on social media

YOU HAVE THE RIGHT TO BE SAFE. YOU HAVE THE RIGHT TO EXPECT OTHERS TO KEEP YOU SAFE.

Some of the following ideas come from children in school and other young people, from discussions at school council meetings and in class.

Speak out about bullying

Don't be embarrassed or ashamed about speaking out about bullying and asking for help.

Choose who can help.....think about how:

- Your parents can help – *they can give you advice or contact the school*
- Your friends can help – *they can help you stand up for yourself and encourage you to tell an adult*

- Playground buddies can help – *they can help to sort out minor problems or get an adult if it is more serious. If you are upset and you are upset you can wait for a Buddy at the 'Friendship Stop'*
- Other adults you trust can help. These include all adults in school - your teacher, Teaching Assistants, the adults on duty; lunchtime supervisors (Mrs. Demopoulos and Miss Hannant and the Headteacher (Mrs Riley).
- Childline is a service provided by the NSPCC and is free. The number is 0800 1111

Speak out about bullying, talk about what is happening and how it makes you feel.

Some people pretend bullying does not exist, this can be hard, but you can still help yourself and can ask others to help you.

Sometimes it is easier to write or draw rather than talk. It is a good idea to keep a diary of incidents.

Take Action

Get together and talk with friends about what has happened.

Look for posters or leaflets on bullying, the internet can be useful. Put up posters and hand out leaflets.

Organise an Anti-Bullying Campaign.

Join in activities to stop bullying.

Find out how the Playground Buddies can help or if you are in Year 6, how you could become one.

What happens if you report that you are being bullied?

1. Your teacher will talk to you about what has happened
2. If it can be sorted out in class by discussion and by using classroom rules and strategies then it will be.
3. Mrs Riley will be informed as she can help too
4. Parents may need to be informed too as they can also help

Then what?

1. They will talk to you about what is happening.

2. They will make a report of the incident in the anti-bullying book.
3. They will talk to the children who have shown bullying behaviour
4. They may organise a meeting with you and the children who have shown bullying behaviour.
5. They will ensure that apologies are made and there are guarantees that the bullying will stop.
6. They will report back to your teacher.
7. They may talk to your parents about what has happened
8. They will check that everything is sorted out over the next few days and may arrange a meeting with all the children concerned for a later date.

What about punishments for the bullies?

Sometimes no punishment is necessary and simply discussing the incident and apologising can be all that is needed. At our school we believe in forgiveness. However, the following punishments may be used:

1. Not getting a star (or more than one star for a more serious incident.)
2. The removal of a privilege such as a break-time or use of the large playground equipment.
3. The bully's parents may be contacted.
4. In the most extreme cases a child could be excluded from school.

Dos and Don'ts

Do support and befriend the victims of bullying

Do support friends when they are being bullied

Do help others to have confidence to tell someone

Do think of each other's feelings

Do be aware of bullying and look out for it

Do report it, if you witness bullying

Do find out what your school or other organisation says about bullying – most organisations have ways of dealing with bullying

Don't ignore the problem

Don't join in even if everyone else seems to

Don't join in because you're frightened you might be picked on

Don't pick on others or tease

Don't name call

Don't keep quiet about bullying

Remember

You should not be silent when you are being bullied

Telling about bullying isn't telling tales

Bullying is wrong and should be reported

Both adults and children bully

No-one deserves to be bullied

Bullying is everyone's problem

Children who bully others need help too, by telling you will get them the help they need so they won't bully others.